

KNOW - CHOOSE - BECOME - PRACTISE - UNDERSTAND



CORE PROSPECTUS

OUR 2018/19 OUTREACH OFFER FOR SCHOOLS AND COLLEGES



National Collaborative
Outreach Programme

INTRODUCTION

The National Collaborative Outreach Programme (NCOP) aims to rapidly increase the number of young people from under-represented groups who go into higher education. It started in January 2017 and is funded by the Office for Students (OfS).

The NCOP brings together 29 partnerships of universities, colleges, schools and other local agencies to deliver sustained and progressive programmes of higher education outreach to young people aged 13 to 18.

Work is focused on geographic areas in England where participation in higher education is low overall and lower than expected given local GCSE results.

The consortium operating in North Yorkshire is NCOP Higher York, known locally as FutureHY. Consortium partners include: Askham Bryan College, Craven College, CU Scarborough, Harrogate College, Scarborough TEC, Selby College, York College, University of York and York St John University, as well as York City Council and North Yorkshire County Council.

The publication of the National Careers Strategy in December 2017 and the Careers Strategy Guidance in January 2018 also bring with them increased accountability for school/college leaders to deliver a co-ordinated whole school/college approach to careers guidance for all students. FutureHY is keen to ensure that the activity on offer through NCOP also goes some way to supporting schools, colleges and indeed community groups to meet this responsibility.

All of the FutureHY outreach interventions are underpinned by a robust monitoring and evaluation framework.

FUTUREHY CORE PROSPECTUS

This FutureHY core prospectus outlines the activity programme schools, colleges and other stakeholders can access, free of charge, that will support informed progression and career pathways for young people.

Organised into Pre and Post 16 sections, a short summary of each activity allows co-ordinators to decide whether or not the outreach is appropriate for the young people in their care. Some interventions are offered to all students and others aimed only at NCOP students.

Each activity has been mapped against both the FutureHY evaluation framework and the Gatsby Benchmarks, which will allow co-ordinators to engage confidently with the NCOP offer.

OUR EVALUATION FRAMEWORK

The framework seeks to develop aims and strive for outcomes which are focused around five key strands. These five strands below have been developed with the local context in mind, as well as drawing upon the theoretical work of Pierre Bourdieu. This is a dynamic framework, and it is anticipated that this will evolve over the course of the programme as our knowledge builds and as local and national priorities adjust.

KNOW		Develop young people's knowledge and awareness of the benefits of higher education
CHOOSE		Develop young people's capacity to navigate the Higher Education sector and make informed choices
BECOME		Develop young people's confidence and resilience to negotiate the challenges of university life
PRACTISE		Develop young people's study skills and capacity for academic attainment
UNDERSTAND		Develop young people's understanding by contextualising subject knowledge

GATSBY BENCHMARKS

The Gatsby Benchmarks, which are eight principles of best practice, have been mapped against our activities. This is a nationally recognised framework for good careers guidance.

BENCHMARK	GATSBY STATEMENT
1. A Stable Careers Programme	Every school and college should have an embedded programme of career education and guidance that is known and understood by pupils, teachers, governors and employers
2. Learning from Career & Labour Market Information	Every pupil, and their parents, should have access to good quality information about future study options and labour market opportunities.
3. Addressing the Needs of Each Pupil	Pupils have different career guidance needs at different stages. Opportunities for advice and support need to be tailored to the needs of each pupil. A school's careers programme should embed equality and diversity considerations throughout.
4. Linking Curriculum Learning to Careers	All teachers should link curriculum learning with careers. STEM subject teachers should highlight the relevance of STEM subjects for a wide range of career paths.
5. Encounters with Employers & Employees	Every pupil should have multiple opportunities to learn from employers about work, employment and the skills that are valued in the workplace. This can be through a range of enrichment activities including visiting speakers, mentoring and enterprise schemes.
6. Experiences of Workplaces	Every pupil should have first-hand experience of the workplace through work visits, work shadowing and/or work experience to help their exploration of career opportunities and expand their networks.
7. Encounters with Further and Higher Education	All pupils should understand the full range of learning opportunities that are available to them. This includes both academic and vocational routes and learning in schools, colleges, universities and in the workplace.
8. Personal Guidance	Every pupil should have opportunities for guidance interviews with a career adviser, provided that they are trained to an appropriate level.

PRE-16 ACTIVITY

ACTIVITY	SUMMARY	OUR FRAMEWORK	GATSBY BENCHMARK
Programme Launch Event	An interactive launch event for students in Year 9 to welcome them to FutureHY. Students will take part in activities about Higher Education and learn more about the programme.		3, 7
Campus Visit	A visit to a partner HE provider to familiarise Year 9 and 10 students with the HE environment.	  	2, 3, 4, 7
Soft Skills Workshops	Workshops for Year 9 students designed to boost confidence eg. how to communicate, resolve conflict and problem-solve. Delivered with NCS.	 	2, 3, 4, 7
National Citizen Service Activity Day	A day trip hosted by NCS for students in Year 10 to try out the NCS Summer programme, taking part in activities such as abseiling, kayaking and rock-climbing.		7
Exam Prep Workshop	A workshop for students preparing to take exams, providing strategies to help them deal with exam stress and revision.	 	7
STEM for Girls Workshop	"People like me" sessions for female students in Year 9, designed to encourage them to consider STEM courses and careers. Delivered by NYBEP with female STEM Ambassadors from local employers.	  	2, 3, 4, 5, 6, 7
Online Mentoring	A 10 week programme for students in Year 9 to help them make confident GCSE choices. Students will be e-mentored by undergraduates from our partner HE institutions.	   	2, 3, 4, 7
STEM for All Conference	A conference for female students in Year 9 & 10 to explore careers in STEM. Students will take part in activities showcasing different STEM courses and careers. Delivered with the National Railway Museum and the STEM Ambassador Hub.	  	2, 3, 4, 5, 6, 7
GCSE Option Support	A workshop or presentation to provide information and advice on choosing GCSE options	  	2, 3, 4, 7
Project Dare	Delivered through York Cares, students in Year 10 will take part in workshops with employees from local businesses, taking part in real-world problem-solving activity, empowering them to succeed. Students will also visit the employees' workplace.	  	2, 4, 5, 6, 7
College Application Support	One2One support for students in Year 11 whilst completing their college applications, including discussing HE aspirations.	  	4, 7

PRE-16 ACTIVITY

ACTIVITY	SUMMARY	OUR FRAMEWORK	GATSBY BENCHMARK
Year 11 Roadshow	Workshops for Year 11 students as they prepare to take their GCSE exams including study skills and transition sessions to encourage HE and career considerations when choosing A-Level and BTEC options.	 	7
Family City Experience	A day trip to a local city for students and their parents. The day will include a visit to a university, workshops for parents on student finance and other higher education topics, interactive activities for the students and a chance for everyone to explore the city.	 	7
Flood a School	A group of current undergraduates will shadow a teacher in school and talk to classes about their course and career plans. They will be matched to relevant teachers by subject.	 	2, 3, 4, 7
Marginal Gains Programme	Workshops for male students in Year 9 using the theory of 'marginal gains' to focus their studies and aim high with their future learning and career prospects.	  	3, 7
Small Steps, Big Differences Workshops	A workshop for students in Year 9 – 11 which aims to give students awareness of where they are in terms of their well-being and then identify areas in which they could improve upon using the 'Wellbeing Checker'.	  	3, 7
Creative Forces Day	A visit to University of York for students in Year 9 from Military Service backgrounds, to give a taste of what Higher Education is like, and meet other students from the same background.	  	3, 7
Inspirational Speaker	NYBEP will source an inspirational speaker who will deliver a talk aimed at increasing aspirations and career choices.	 	2, 4, 5, 7
Careers/HE Events	A stand at your careers and HE events, giving out impartial information, advice and guidance about higher education to students and their families.	  	2, 4, 5, 7
Marginal Gains Conference	An interactive conference for male students who took part in the Marginal Gains programme in 2017/18 designed to refresh what they learnt and acquire new tips and skills.	  	3, 7
Subject specific STEM workshops	A workshop for female students in Year 9 & 10 focusing on specific STEM related subjects, and encouraging students to consider STEM courses and careers.	  	2, 3, 4, 5, 6, 7

POST-16 ACTIVITY

ACTIVITY	SUMMARY	OUR FRAMEWORK	GATSBY BENCHMARK
Programme Launch Event	An interactive launch event for new students to welcome them to FutureHY. Students will take part in activities about Higher Education and learn more about the programme.		3, 7
UCAS Application Support	One2One support for students applying to Higher Education to complete their UCAS personal statement and application form.	  	7
Mock Open Day	Hosted at University of York, this event is designed to give students a taste of what an Open Day is like, providing hints and tips for how to make the most out of the real thing.	  	4, 7
Transition Workshops	Workshops on independent living, student finance and leaving home for students who are about to leave their school/college.	  	7
Supported Internships	Delivered by NYBEP, students will undertake individual internship opportunities that offer them an insight to the graduate sector and help them through their progression pathway.	  	2, 4, 5, 6, 7
Freshers' Fair	An NCOP stand to meet students and introduce/re-introduce FutureHY at FE Colleges and Sixth Forms.		3, 7
Flood a School	A group of current undergraduates will shadow a teacher/tutor in your institution and talk to classes about their course and career plans. undergraduates will be matched to relevant teachers by subject.	 	4, 7
Inspirational Speaker	NYBEP will source an inspirational speaker who will deliver a talk aimed at encouraging high aspirations and career choices.	 	2, 4, 5, 7
Exam Prep Workshop	A workshop for students preparing to take exams, providing strategies to help them deal with exam stress and revision.	 	7

POST-16 ACTIVITY

ACTIVITY	SUMMARY	OUR FRAMEWORK	GATSBY BENCHMARK
Careers/HE Events	A stand at your careers and HE events, giving out impartial information, advice and guidance about higher education to students and their families.	  	2, 4, 5, 7
Subject Specific Campus Visits	A visit to a partner HE provider to familiarise students with the HE environment and take part in taster sessions for specific academic subjects.	  	2, 3, 4, 7
First Aid Courses	Opportunity in college for students to undertake a First Aid Qualification.		7
Project Dare	Delivered through York Cares, students in Year 12/FE College Year 1 will take part in workshops with employees from local businesses, taking part in real-world problem-solving activity, empowering them to succeed. Students will also visit the employees workplace.	  	2, 4, 5, 6, 7

TESTIMONIES

"the NCOP programme (and especially the team I have had the privilege of working with) has been a huge advantage to our school. I am very happy with their aims and ethos and they are consistent, organised and enthusiastic in their delivery."

"NCOP have been amazing to work with and we can't thank them enough for offering this additional support for young people. This has and will most certainly support them in their ideas and choices to access further education. The support, communication and dedication from the NCOP team has been second to none and we are so grateful of what they can offer/support young people with in terms of further education."

"I have learned more about myself and the opportunities ahead of me" - People Like Me Workshop

"Everyone is supportive and the staff are very friendly" - Project Dare Workshop

"Thanks for the interesting talk. I'll be using your positive thinking strategies in my exams." - Exam Prep Workshop

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