

UniBoys

Outreach Officer:
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Dream Big

Uni Boys: Student Attendance

In-school Workshop	Campus Visit 1	Campus Visit 2 Workshop	Campus Visit 3
26	26	26	26

UniBoys aims to help boys:

- Be **successful** at school
- * Develop **target setting** skills
- Develop **teamwork** skills
- + Learn about **university**



UniBoys works with:

- **Five UEA Outreach target** schools from Norfolk and North Suffolk
- * **Five** boys from each school
- Boys who meet our Uni Boys **eligibility criteria**

UniBoys eligibility criteria are:

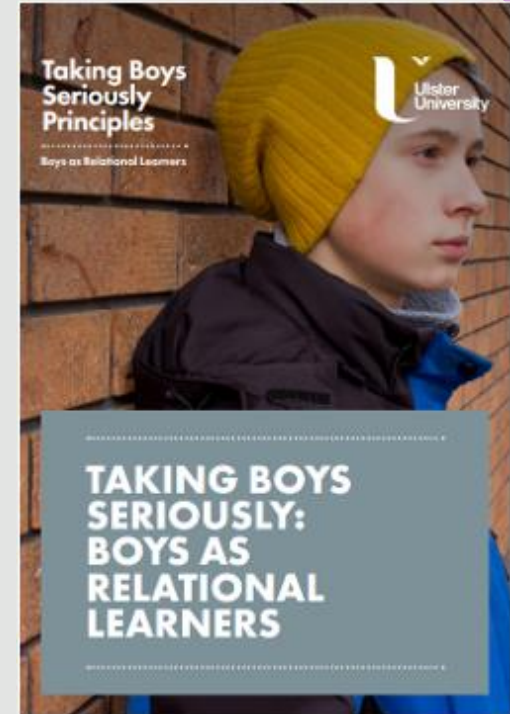
- Year 7 students who identify as male
- * Students who are **under-achieving** at school
- Students who would benefit from a **nurturing** project with role models
- + Students who benefit from **developing** teamwork and target setting **skills**

Student ambassadors contribute by:

- Being positive and encouraging **role models**
- * **Listening** and providing advice on setting targets and teamwork
- Providing examples of personal school and university **experiences**
- + Giving students individual and personal **feedback**

UniBoys adopts 'Taking Boys Seriously' principals

- #1 Recognise the primacy of **relationship**
- * #3 **Utilise** a strength-based **approach** to learning
- #8 Engage **meaningfully** with boys
- + #9 Enable **creative** learning environments
- + #10 **Value** the voice of boys



Uni Boys schools



UEA Outreach Offer

Know what you're looking for? Search here...

SEARCH



**Future
Stars**

UniBoys

**MAKE
IT
COUNT**

FUTURE>ME>

DISCOVER

GET SET 

EXPLORE

GET AHEAD

**PREPARING
FOR** 

**BELIEVE TO
ACHIEVE.**

**INCLUDING
ME?**

**FUTURE
FORWARD**

**BLACK
HUMANITIES
PROJECT**

UEA University of East Anglia **SU** | Delivered together by UEA Outreach & UEA SU

UEA Outreach Funding



Funding

We don't ever want finances to be the barrier to engaging with us. We've got various funds available to support your school, sixth form or college.

Travel fund	+
Staff cover fund	+
Grant fund	+

Developing Skills

Target Setting Skills

**Target
setting**

Think about what
you want to
achieve

Think about
classwork,
homework, clubs,
hobbies,
qualifications

Set **achievable**
targets

Ambitions and
targets are **good**
for motivation

Teamwork Skills

Teamwork
means:

Support

Cooperate

Listen

Respect

Understand

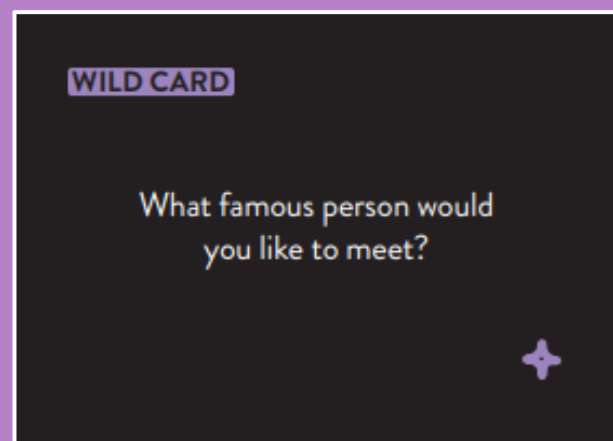
Motivational Strategies

Motivational Strategies

UniBoys provides extrinsic and intrinsic motivation

Extrinsic Motivation	Intrinsic Motivation
Target Logbook – Written feedback	Target Logbook – Self-reflection
Student Ambassadors – Verbal feedback	Target Logbook - Personal targets
Badges	Photobook
Stamps	Conversation cards
Medals	Building resilience and trying new things

Conversation cards



Target Logbooks



Target Logbooks: School targets

SCHOOL TARGETS

Now it's time for you to pick two targets to focus on in school. Working towards these targets will help you perform better in your schoolwork and get along better with your teachers and classmates.

Please choose **TWO** targets from the list below and put a tick beside them. There's space at the bottom of the next page for you to choose your own target.

- ☐ Try my best in all lessons
- ☐ Ask questions in class
- ☐ Try to finish my classwork
- ☒ Listen when others speak in class

- ☐ Ask for help when I need it
- ☐ Be proud of my work
- ☐ Work well with other students
- ☒ Complete my homework on time
- ☐ Work well with my teachers
- ☐ Bring correct equipment to school
- ☒ My personal target:
To not come out during a lesson (particularly maths) and not know the task we've been assigned

Target Logbooks: Reflection

SELF REFLECTION

I tried my best

I participated in all activities

I listened when others spoke

I asked questions

I was polite

I worked well in team activities

I was kind to others

I was helpful

I followed instructions

Strongly Disagree
 Disagree
 Neither
 Agree
 Strongly Agree

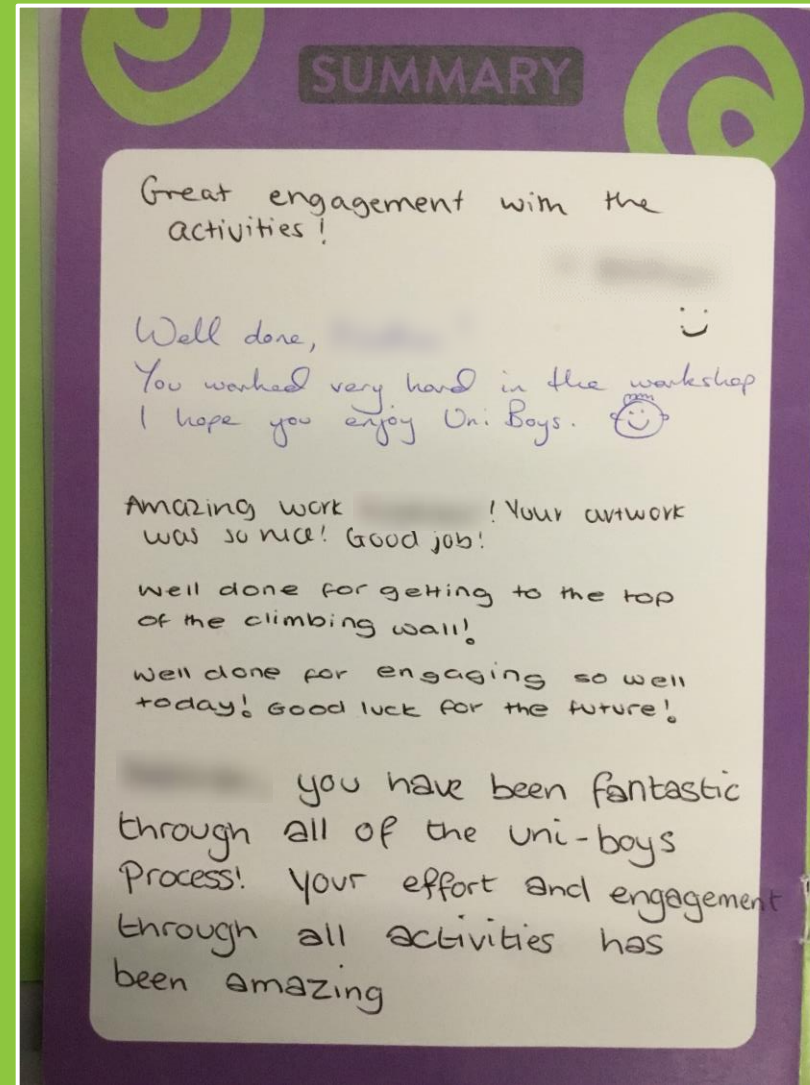
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CAMPUS VISIT 01

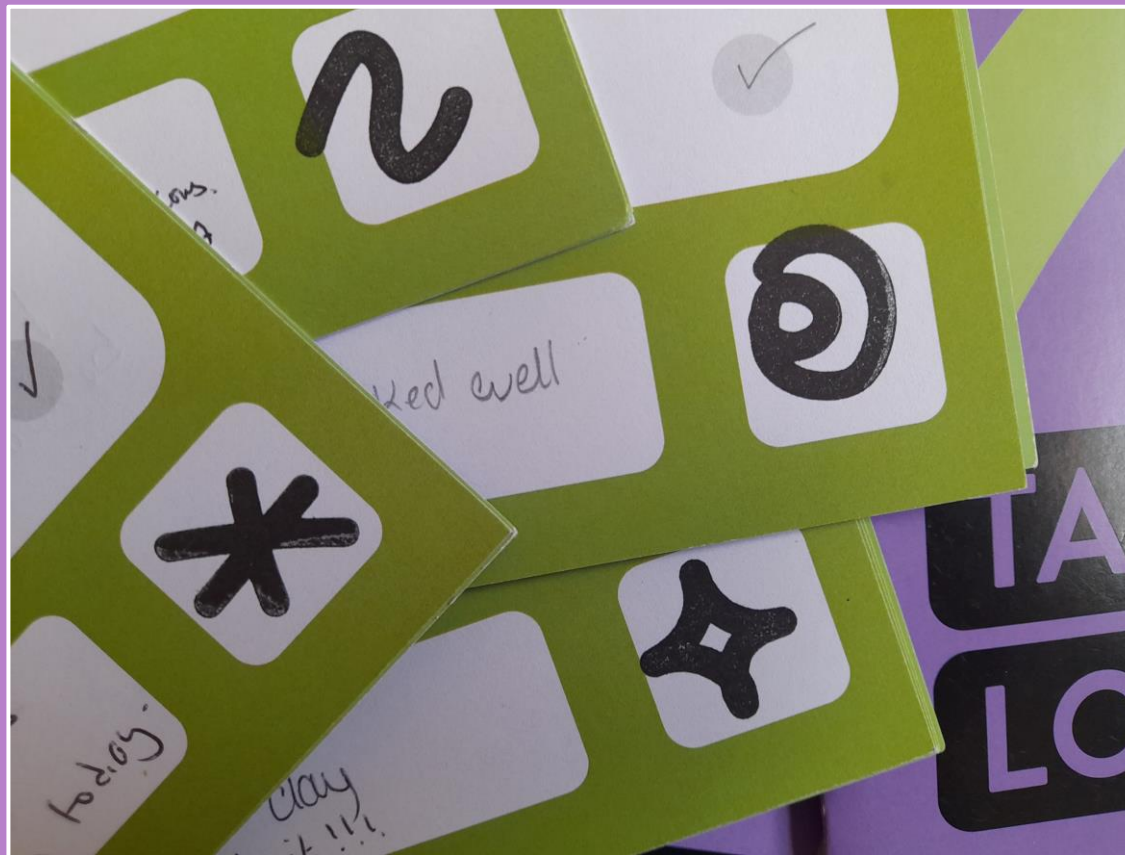
SIGNED Bethany

COMMENTS
Really lovely, great work

Target Logbooks: Ambassador comments



Rewards: Collecting Stamps



Rewards: Collecting Badges



Rewards: Uni Boys Medals



UniBoys Survey

Students take part in a pre and post survey

- An opportunity for informal listening and **discussion**
- * Questions on **target setting** and teamwork
- Questions about their experiences at **school**
- + Student ambassadors make **notes**

UniBoys Survey Questions

Surveys completed in:

- In-school workshop
- Campus visit 3

UEA TAKE YOUR PLACE

Uni Boys 2023/24 – Campus Day 3

1. How do you find school?

2. How are you expected to behave at school?

3. How do you react when things go wrong at school?

4. What happens when you do not understand something in a lesson?

13. Do you have ambitions for school or jobs?

14. Can you imagine yourself as a future university student? Why or why not?

What, if anything, have you learnt during the Uni Boys project?

Participant has learnt one or more things! How, if at all, do you think this will succeed at school and in the future?

UniBoys Survey: General questions

How do you find school?

What motivates you to try your best?

How are boys expected to behave?

How do you react when things go wrong?

What happens when you do not understand something in a lesson?



UniBoys Survey: General questions

Do you have high expectations of yourself?

Do you like studying at school?

Do you like doing homework?



UniBoys Survey: Target setting

Do you have targets at school?

Why do you think it is good to set targets?

Do you have ambitions for school or jobs?



UniBoys Survey: Teamwork

What things make a good team?

When have you used teamwork skills?



UniBoys Survey: Extra post-survey questions

Can you imagine yourself as a future university student?

What, if anything, have you learnt during the Uni Boys project?

How, if at all, do you think this will help you succeed at school in the future?

UniBoys Programme

UniBoys programme

In-school Workshop

Let's talk about **you** and **school**
Developing **skills**
to succeed at
school
Pre-survey with
student
ambassadors

University Campus Visit

Art workshop
at The Sainsbury
Centre for Visual Art
Engineering
workshop with Lego
Robots

University Campus Visit and Workshop

Workshop on
developing **target**
setting and
teamwork skills
Sports sessions at
the UEA Sportspark

University Campus Visit

Creative writing
workshop
Drama workshop
Celebration and
post-survey

School Visit

Presentation of
UniBoys Memory
Photobook

Evaluation Report

Summary of findings

NERUPI Aim: Skills

- **Participants had improved skills in teamwork, were more engaged in school, and starting to engage with and understand target setting.**

NERUPI Aim: Habitus

- * **Participants enjoyed the campus days and experiencing university with some considering university in the future.**

How behaviour can impact success at school

- Pre and post responses:
Boys knew that they had to *“be good”* and had to *“listen to them [teachers] when they talk”*. They could identify rules and consequences of misbehaviour.
- * Teachers said UniBoys had influenced behaviour and skills the boys were using at school and with homework. They said the boys had “grown in confidence” and that “engagement has improved in school”.

How behaviour can impact success at school

- **Pre responses:**
Most boys said they would *“ask teacher for help and to explain”*, others mentioned *“try understand by self”*.
- * **Post responses:**
In addition to the above, boys reported *“asking for help can be scary or embarrassing sometimes”* or that if they ask for help they are *“usually ignored”*.



How behaviour can impact success at school

- **Pre and post responses:**
Boys shared a mixture of reactions when things go wrong at school such as being unable to understand, getting in trouble for misbehaving, or being in an argument.
Reactions included some resilience such as *“try again”*, emotions such as anger or feeling upset, being *“in trouble a lot”* so *“get on with it”*, and retaliating such as *“will yell back if being yelled at”*.



The importance of target setting

- Pre and post responses:
Target setting *“motivates you to try hard”* and to *“achieve a goal”*.
- * Post responses:
Some boys aware that targets can help *“keep track of things”* and help you to *“know what you’re aiming for”*
They act as *“milestones”* and *“setting mini goals”*.



The importance of motivation

- Pre and post responses:
Motivated by parents, friends, future plans, rewards, and avoiding consequences.
- * Post responses:
More internal motivation such as *“being proud”*, *“self-motivation”*, and *“for the sake of completion”*.

The importance of teamwork

- Pre and post responses:
A good team was identified as *“communication is key”* and *“listen & understand each other”*.
Post responses mentioned *“cooperative teamwork”*.
- * Teamwork was specifically identified in Uni Boys. Boys felt this would help their success at school and in the future *“teamwork will help me work with the other boys in school”*.

Summary of findings

Aiming higher in terms of school and future careers

- Most spoke about their school expectations, grades they wanted to achieve and some mentioned career aspirations. Some boys had low or no expectations of themselves such as *“don’t expect to contribute much. Expect to be in middle, not bad not good”*.
- * All teachers agreed that the Uni Boys project would impact their success at school; for example noting *“they will be more engaged and focussed within subjects they would once have thought they were not very good at”*.





Summary of findings

Imagine themselves as a future university student

- Most boys said they could imagine themselves going to university and were interested in studying a variety of subjects and the social side of university too. The reasons for not going to university included *“don’t want to sit in anymore lessons”*, *“it’s pointless – don’t need to go for job I want”*, and *“would be kicked out of school before then”*.
- * All teachers mentioned how the boys had *“enjoyed coming to UEA”* and that *“between campus visits they have told me that they can’t wait to go back”*. This suggests the boys were inspired by the campus days and were feeling a sense of belonging at university too.

School Staff Feedback

School staff feedback

-  **The boys have grown into a friendship group who respect their differences and work well together.**
-  **Our boys have loved Uni Boys and have been proud and excited to be part of it.**
-  **The boys are more confident and have acquired knowledge and understanding of university life.**
-  **Excellent workshops and experiences. If only there were more places for our students.**

What next?

Developments for UniBoys 2025 are:

- * Increase in-school **contribution** and monitoring from **school staff**
- Increase **participating** schools from 5 to 6
- + **Partnership** with Norwich University of the Arts



UniBoys